

Rooted Conversations:

Strengthening Care Delivery Through Shared Dialogue

A World Café Workshop on Patient-centered Health Practice

Lewiston, Maine | September 12, 2025

Purpose

To bring health care providers, community health workers (CHWs), and community members together in honest conversation about how to strengthen patient-centered care for Maine families.



By the Numbers



62
Participants



15 Subject
Matter
Experts
Facilitating



4 Topics,
3 Rounds of
Discussion



4.5 Hours of
Shared
Learning and
Dialogue

Key Insights

Discussion Topics

1. Navigating Early Childhood Developmental Concerns
2. First Encounters: Health Screening Practices
3. Compassionate Communication in Sensitive Conversations
4. Mental Health Conversations with Families



What We Learned

- Trust is the foundation.
- Communication gaps are multi-layered.
- Stigma prevents access to care.
- Community holds the solutions.
- Families want partnership, not direction.
- Access barriers are systemic.

What We Achieved Together

- Community voices centered as equal partners.
- Identified opportunities to strengthen patient engagement.
- Momentum built for ongoing collaboration.

Communities hold solutions...

Health care systems must create space to listen and learn.