



Children's Dental Health Month 2025 Poster Contest!

celebrate this February with the Maine CDC
School Oral Health Program!

This year's theme:

"Spruce up your oral health!"

Winners will receive
an awesome prize
package!

**DEADLINE – MONDAY,
MARCH 3RD, 2025**



All posters should be 8.5" x 11",
and include the name,
grade, and school in the
lower right corner!

**SEE CONTEST INSTRUCTIONS AND
RULES FOR MORE DETAILS!**

INSTRUCTIONS

Hand-made on 8.5" x 11" paper, students grades PK-6 should illustrate the importance of oral health and ways to keep their teeth healthy! They may use this year's theme as inspiration or illustrate another oral-health-related topic such as eating nutritious foods, having regular dental check-ups, brushing and flossing daily, or using mouth guards.

The student's first & last name, grade, and school name must be printed on the lower right corner of each poster. All identifiable information will be removed for voting purposes.

All submissions should be emailed to sohp@mcd.org by 3 pm EST on March 3rd, 2025 as a JPG, PNG, or PDF file.

CONTEST RULES

There will be four grade divisions: PK-Kindergarten, 1st-2nd, 3rd-4th, and 5th-6th.

Your school may consider having a preliminary contest just for your students, however, our contest is statewide, and only one will be awarded from each category. All Maine students are eligible to enter regardless of school status.

Staff members of the School Oral Health Program, Maine Center for Disease Control and Prevention, and MCD Global Health will judge the contest.

Voting will take place for 4 days and winners will be notified by March 12, 2024.

Thank you for your participation!